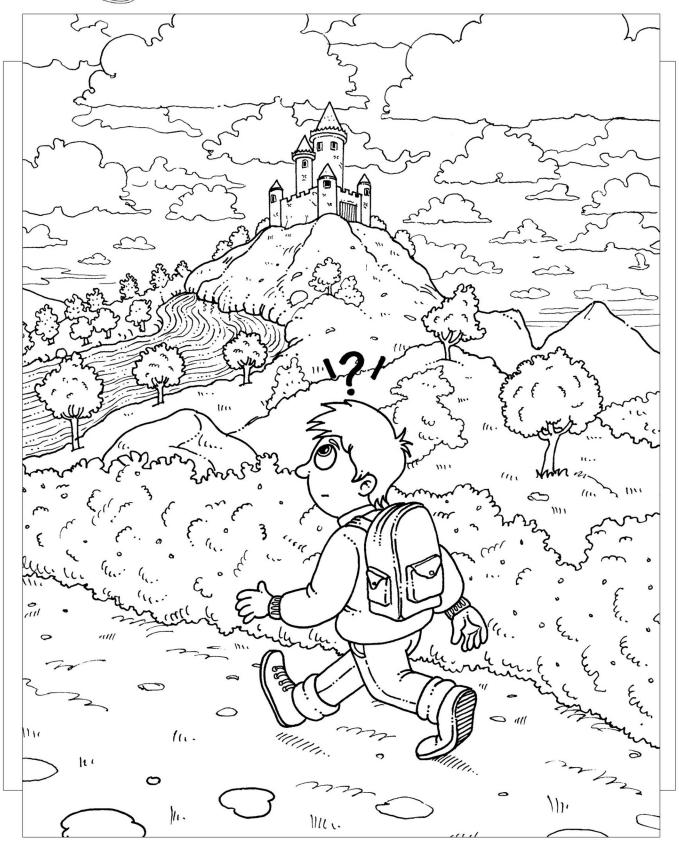


An Introduction to the



Coloring Book







In a castle on a hilltop
In a land far, far away
A river red was found to flow
When a boy passed by one day.



The boy had heard some rumors

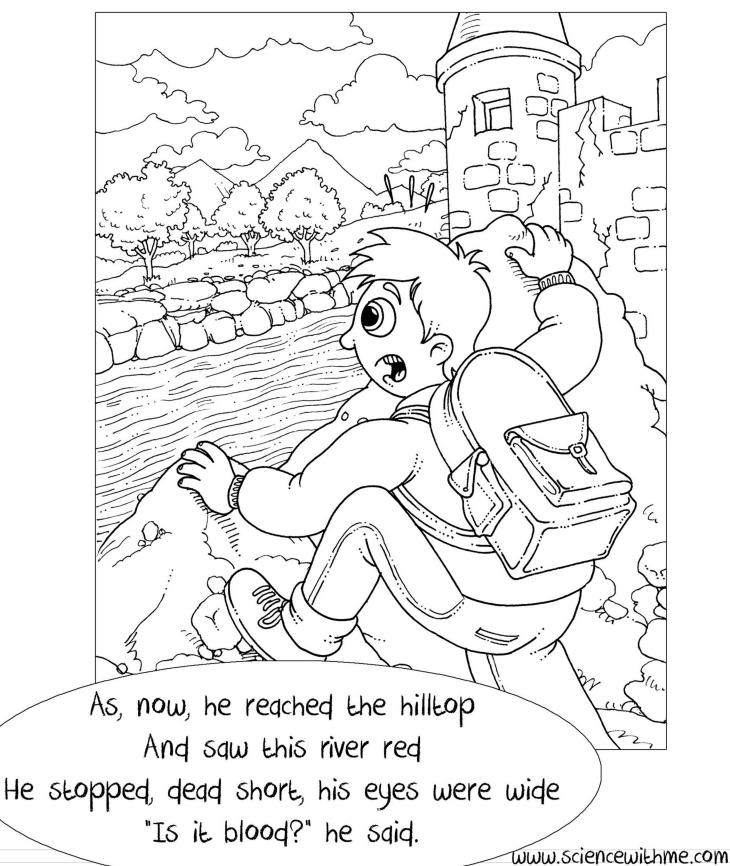
That the castle was accursed

And so he thought he'd dare to go

"T'would be grand, to be the first!"





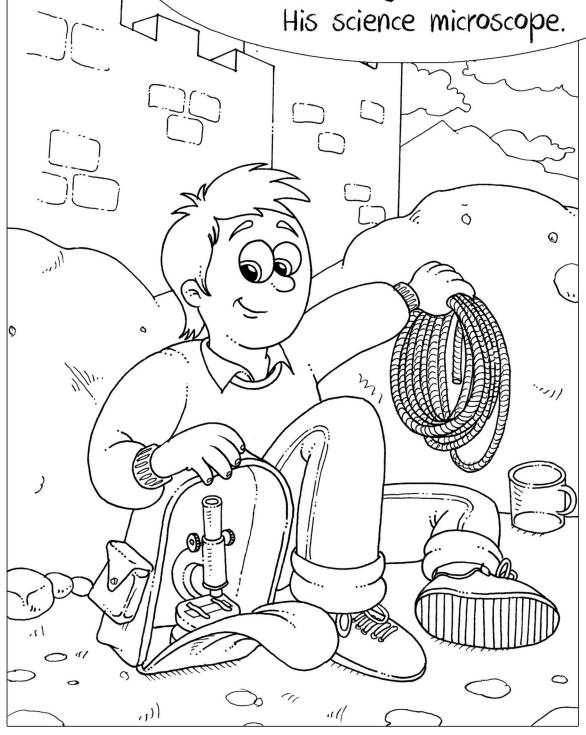


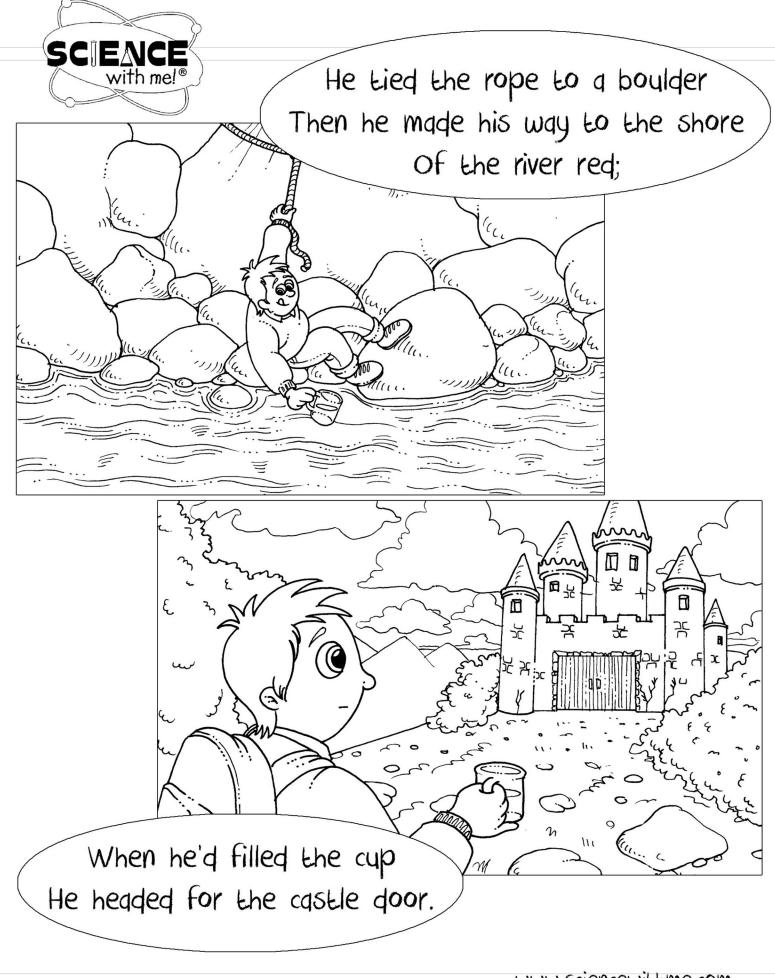


He reached into his backpack

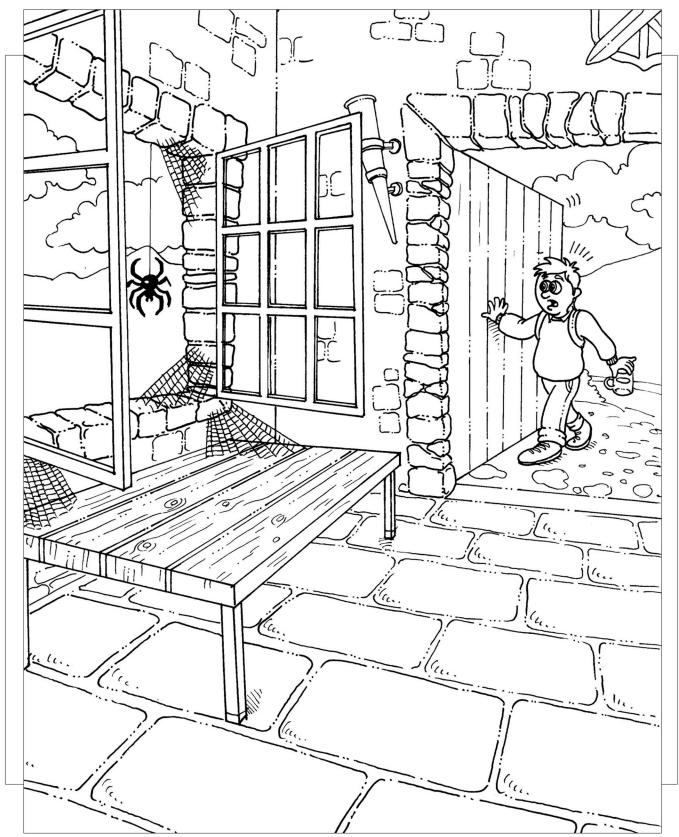
Pulled out a cup and rope

He'd also brought, in case of need









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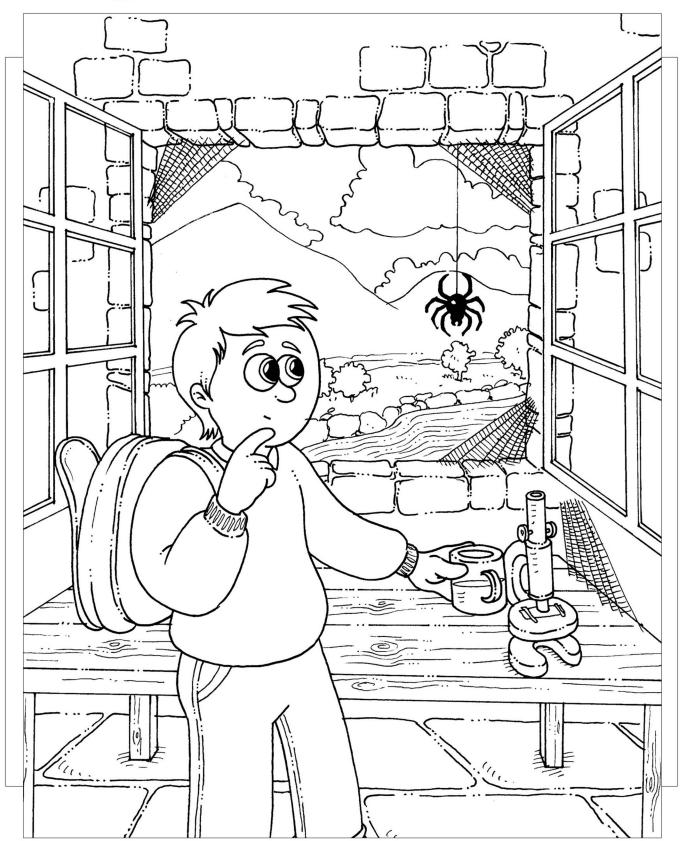
The great door creaked a warning!

But the boy went on inside

He found a table beneath cobwebs

By a window opened wide.





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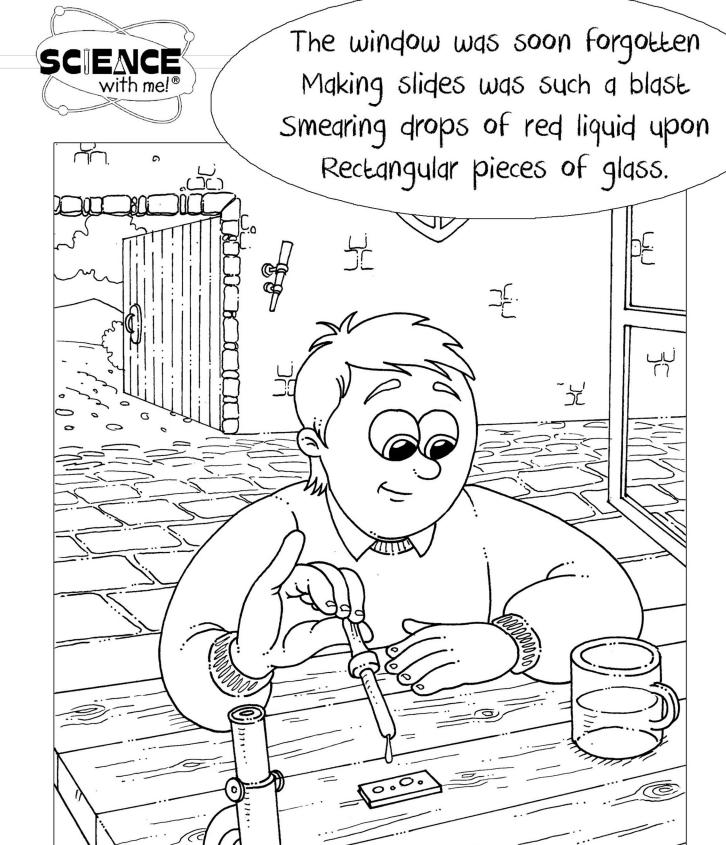


As he emptied out his backpack

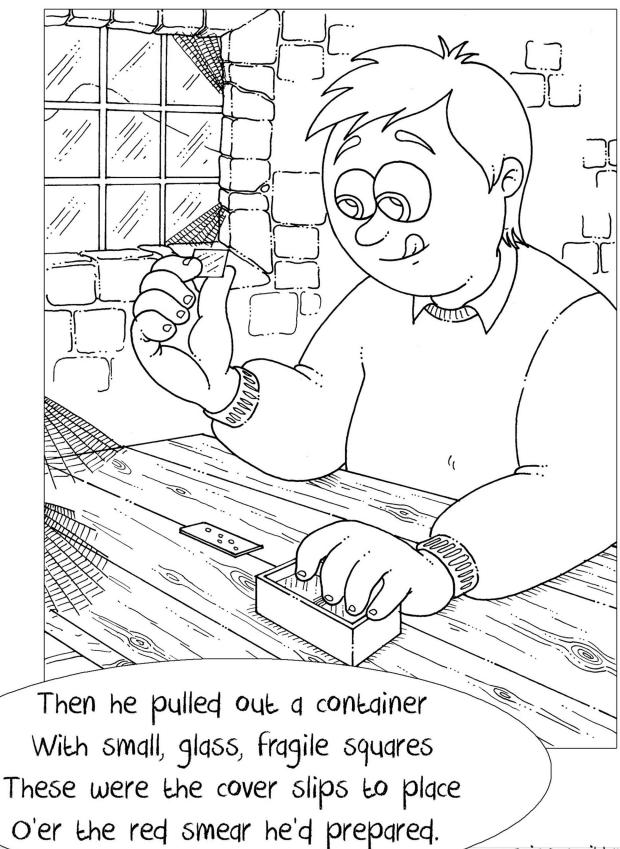
Took out microscope and cup

He looked around the room and thought

"Who opened this window up?"

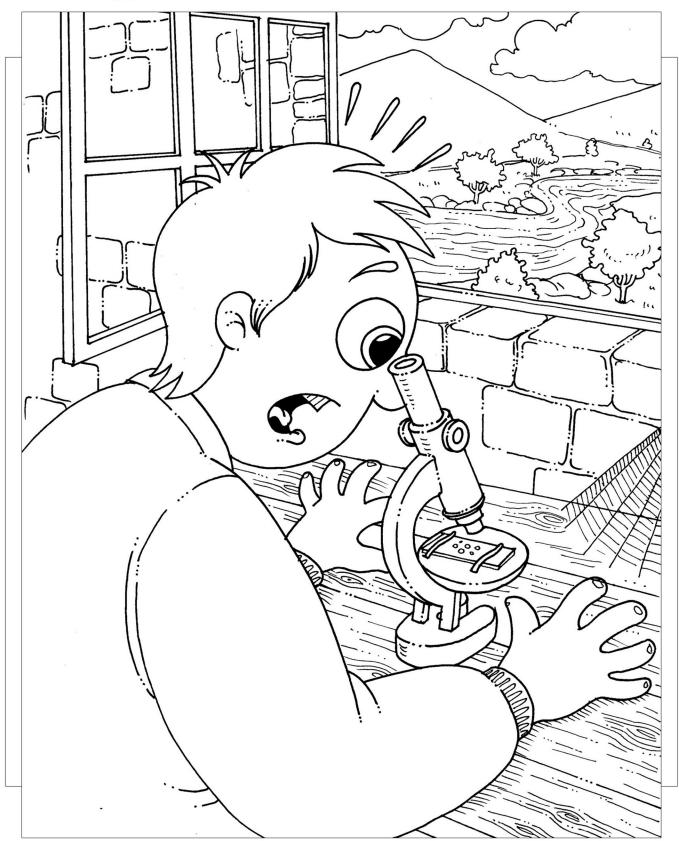






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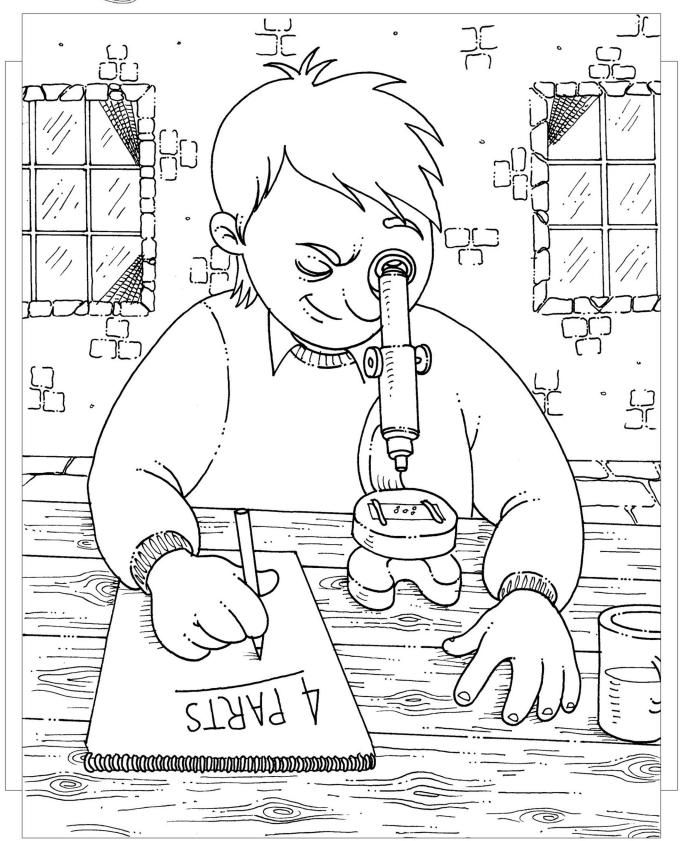
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The slide, he carefully mounted Underneath the microscope He looked through the eyepiece What did he see?

It WAS blood, as he had hoped!



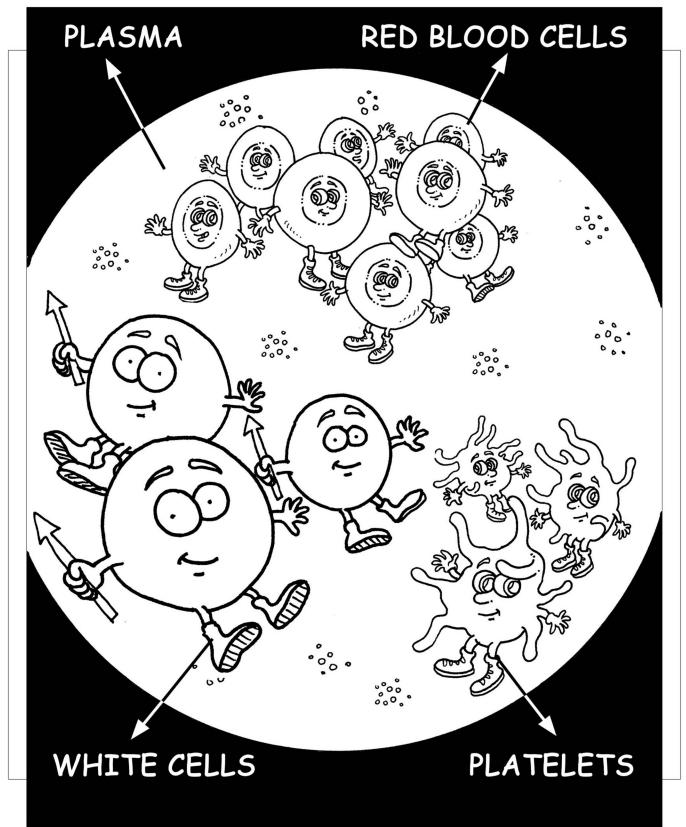


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He analyzed the specimen And he wrote down each thing he found The blood contains four parts in all As it circulates around.







Three types of cells were present Red, white and platelets, too
And all these cells,
they floated 'round
In plasma, a straw liquid goo.

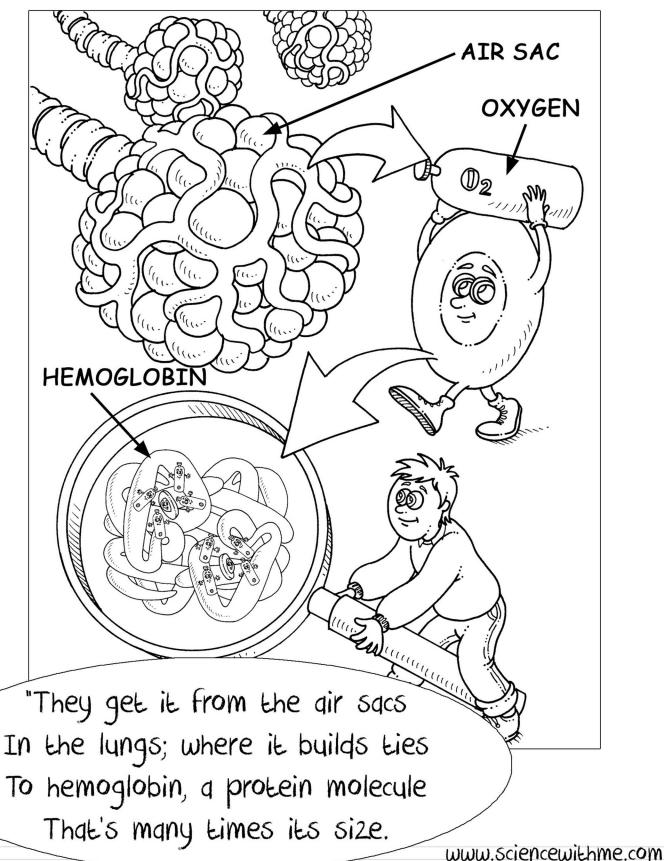


By far, the highest number Of cells in the blood were red "These erythrocytes, with their doughnut shape carry oxygen," he said.

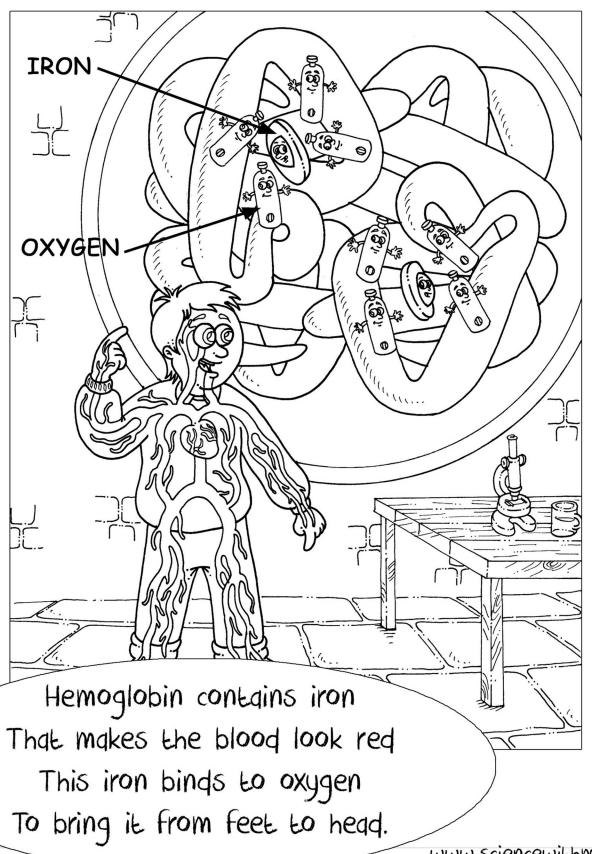




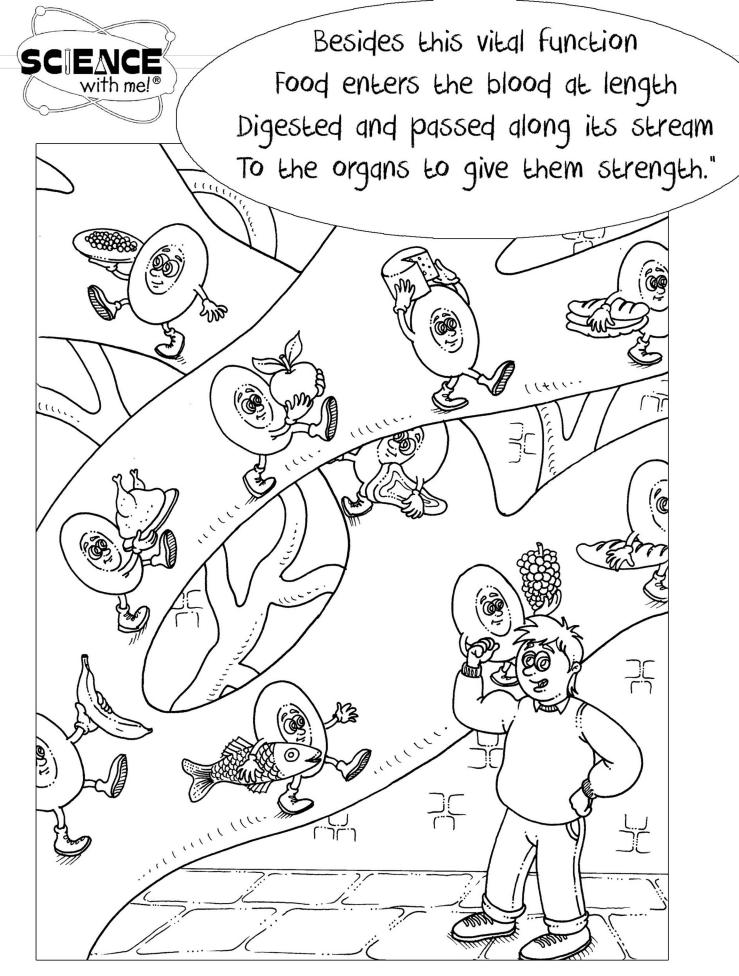






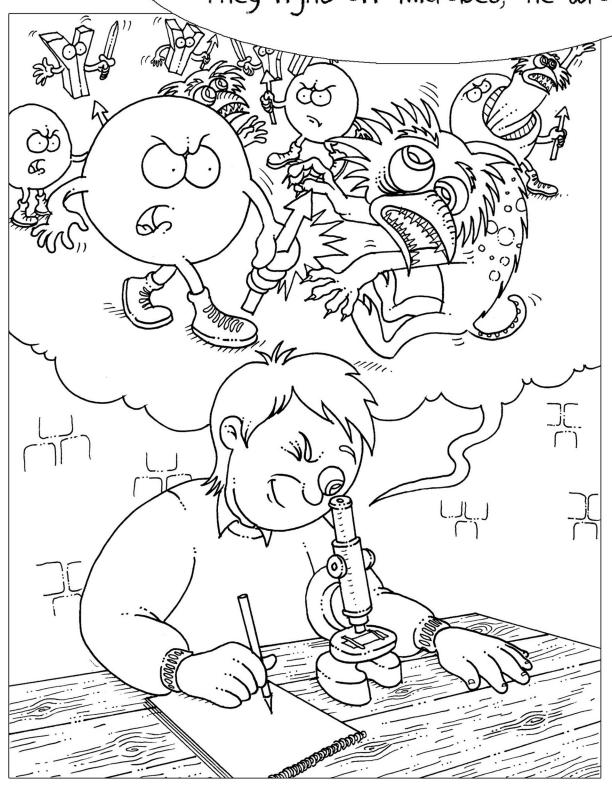


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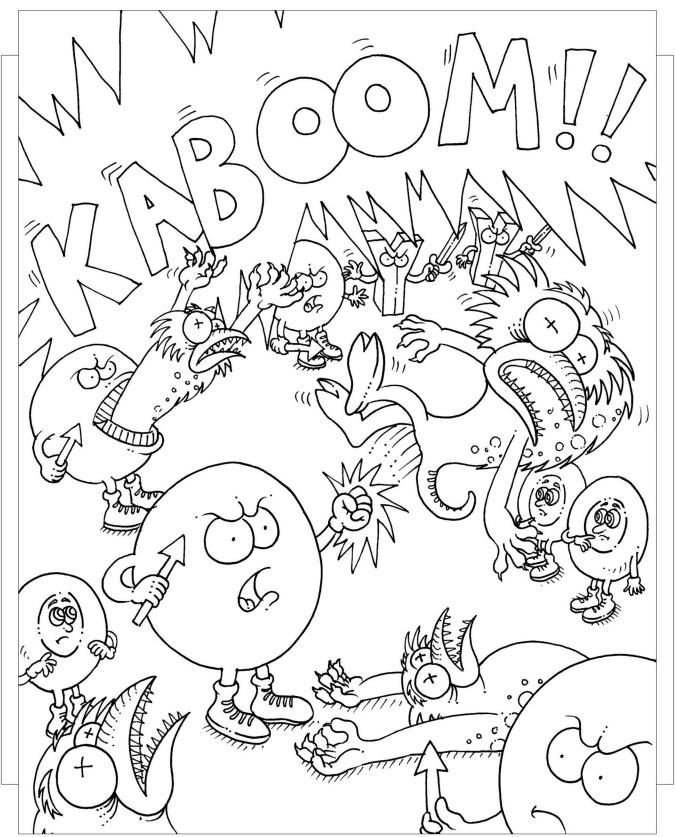




Another thing the boy saw
As he looked through the microscope
Were white blood cells; called leukocytes
"They fight off microbes," he wrote.



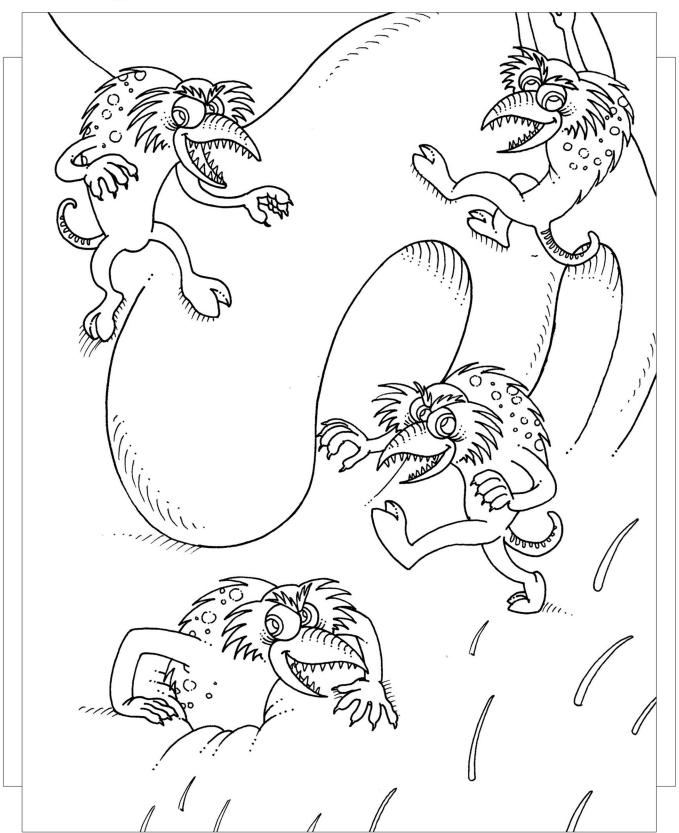






"The white blood cells," he noticed "Were larger than the red Though fewer than erythrocytes They killed the microbes dead!"



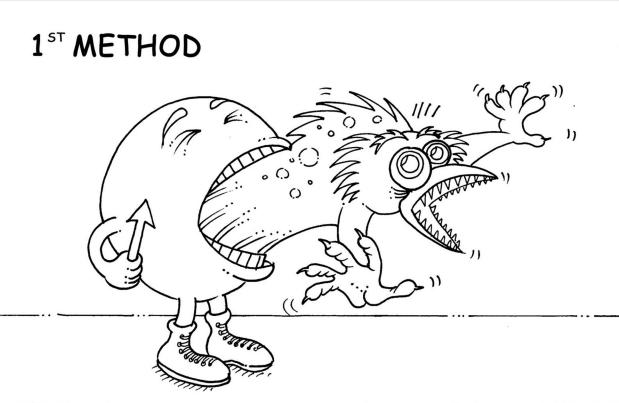


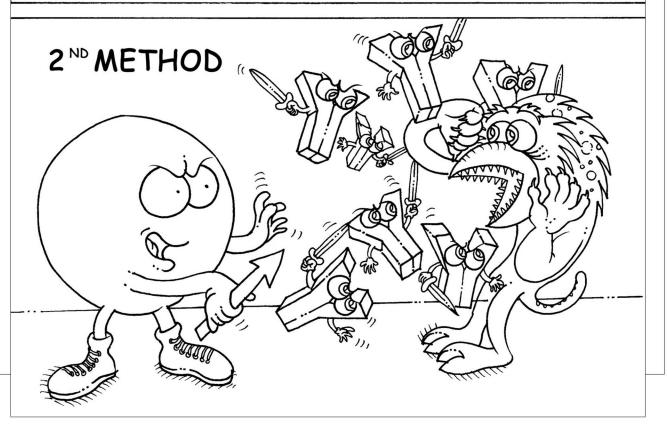
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"Microbes," he remembered
"Were germs that could make you sick
They enter through the skin or lungs
And they have to be fought down quick!









The white cells have two methods

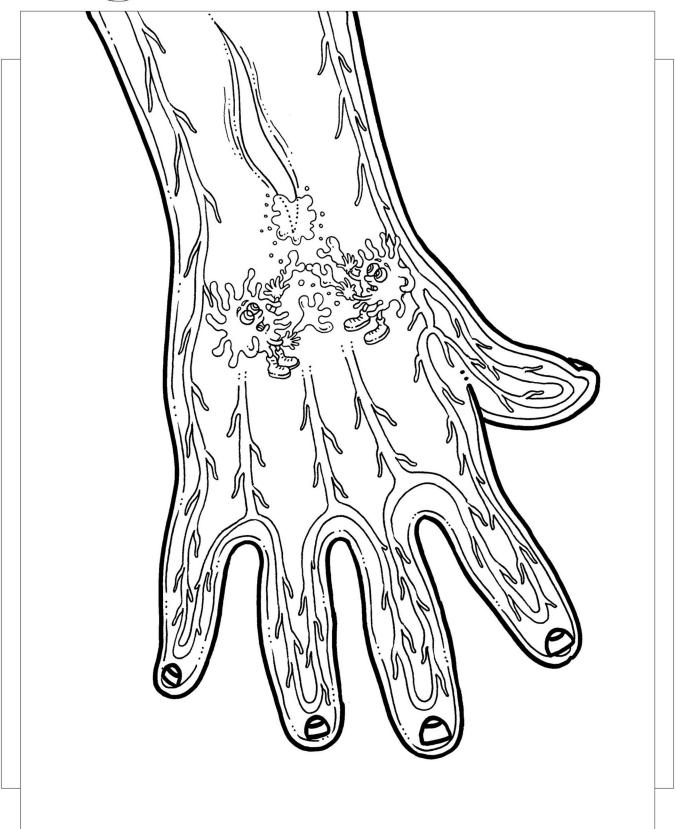
To beat those bad microbes

One is to swallow them,

the other to attack

With antibodies that take their toll."

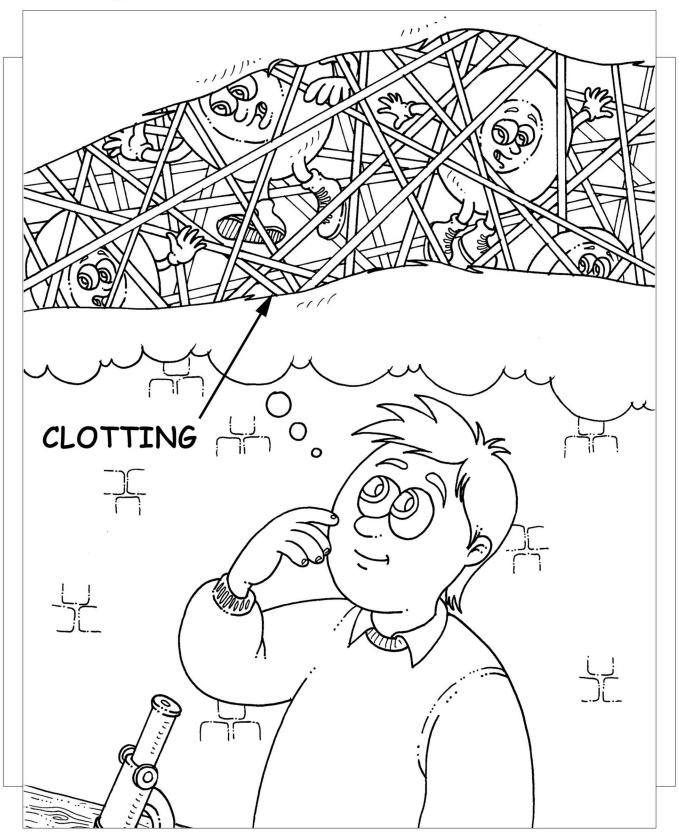






The boy then noticed platelets
That released a grizzly goo
To thicken blood when skin is cut
And keep that blood in you!



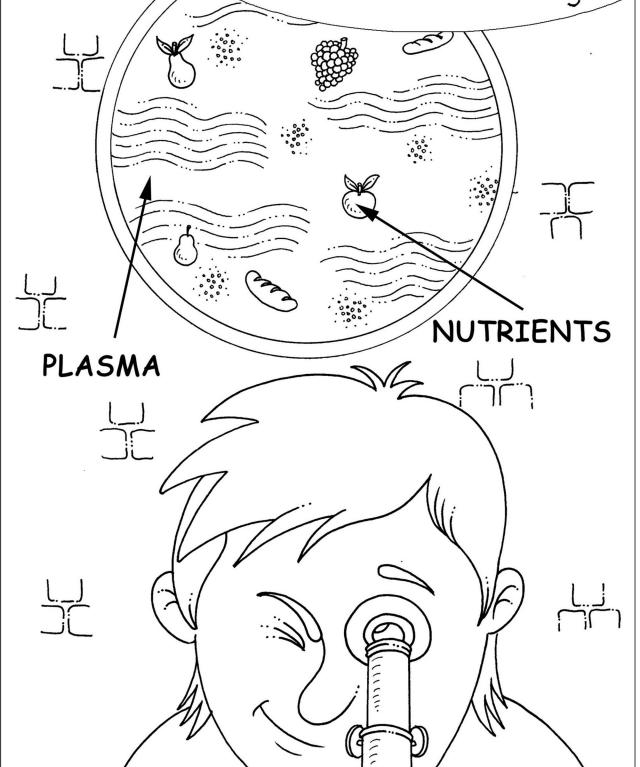




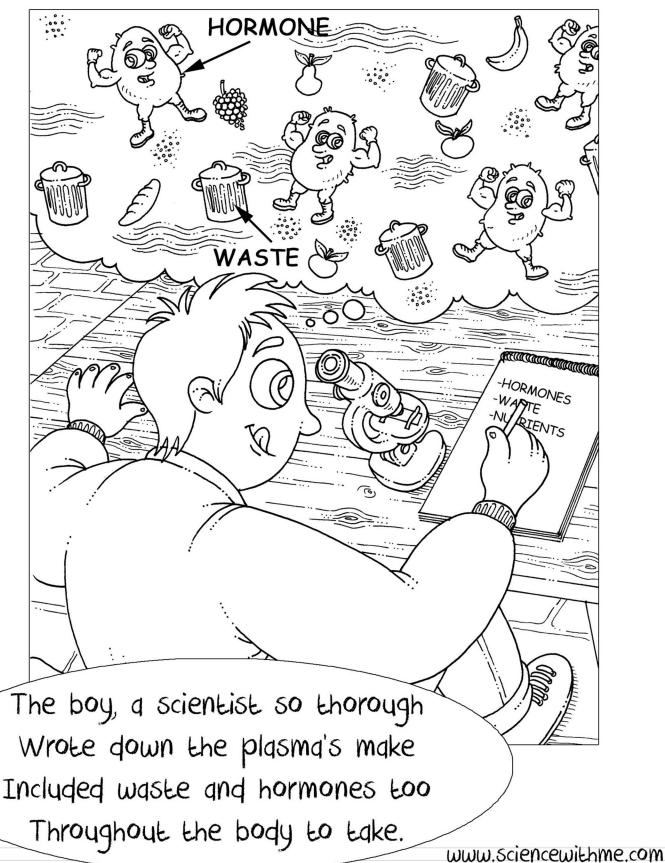
"This action is called clotting,"
The boy remembered fast
"A clot's made of a million fine threads
Through which blood's not
able to pass."



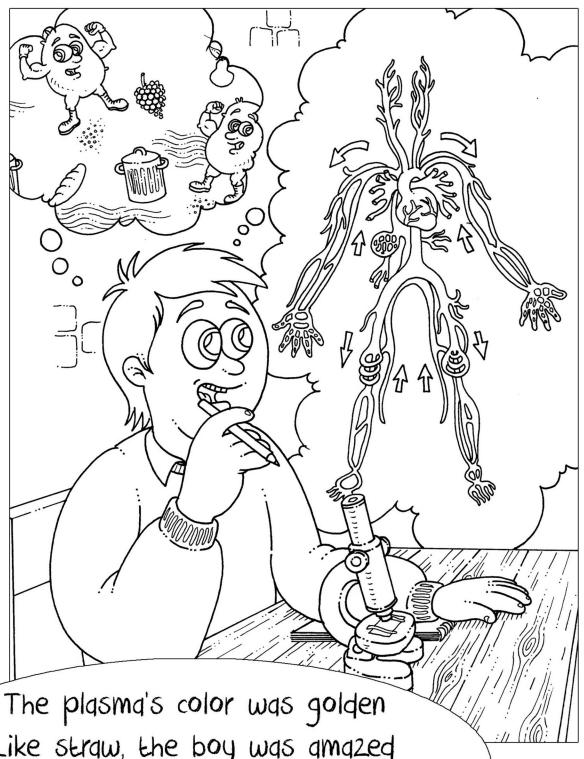
And, last of all, the boy saw
Plasma, the liquid stuff
Made up of water with nutrients
But, this was not enough.











Like straw, the boy was amazed

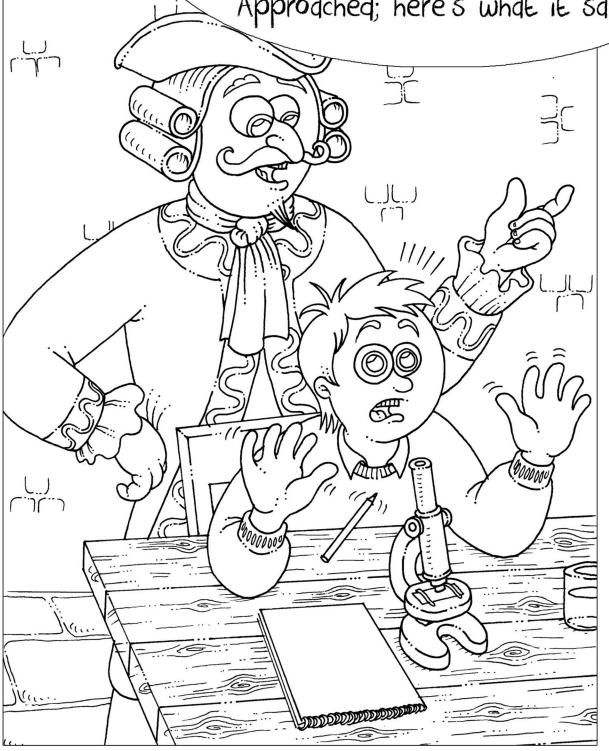
To learn it carried its contents around

The circulatory maze.

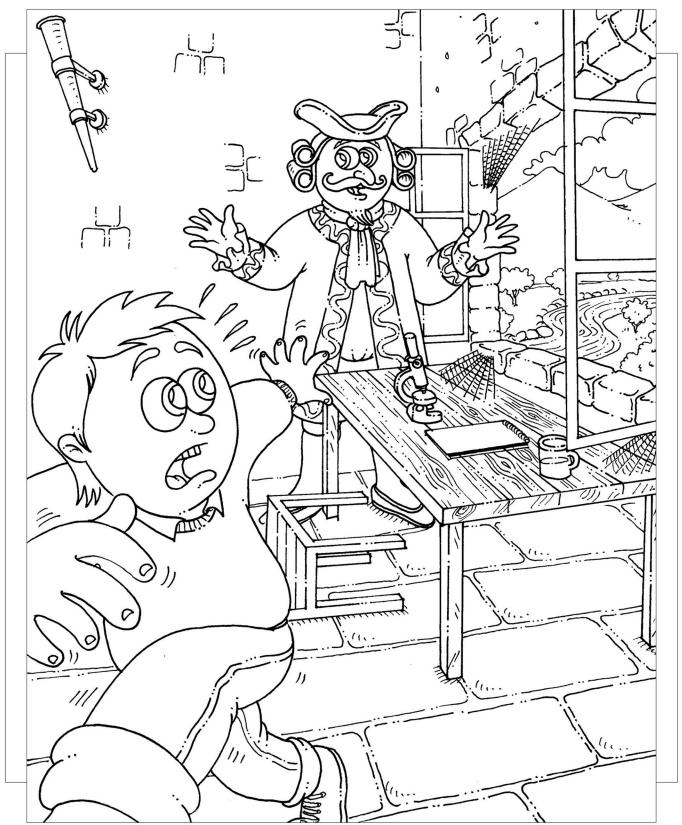
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But as the boy was learning
About the blood so red
The castle's ghost,
Who'd opened the window
Approached; here's what it said...





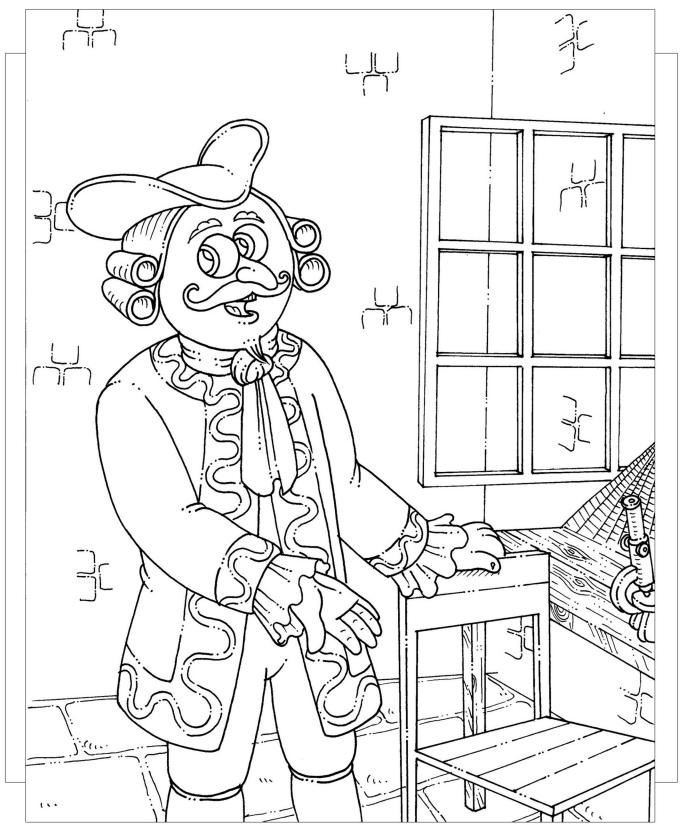


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"Now, boy, you see components
Of blood, but there is more!"
The boy was afraid and
did not take heed
But ran, full speed, for the door!







"Now, wait! You needn't fear me!"
The ghost turned 'round with a smile
"I only want to teach you of blood
Come back and sit awhile."

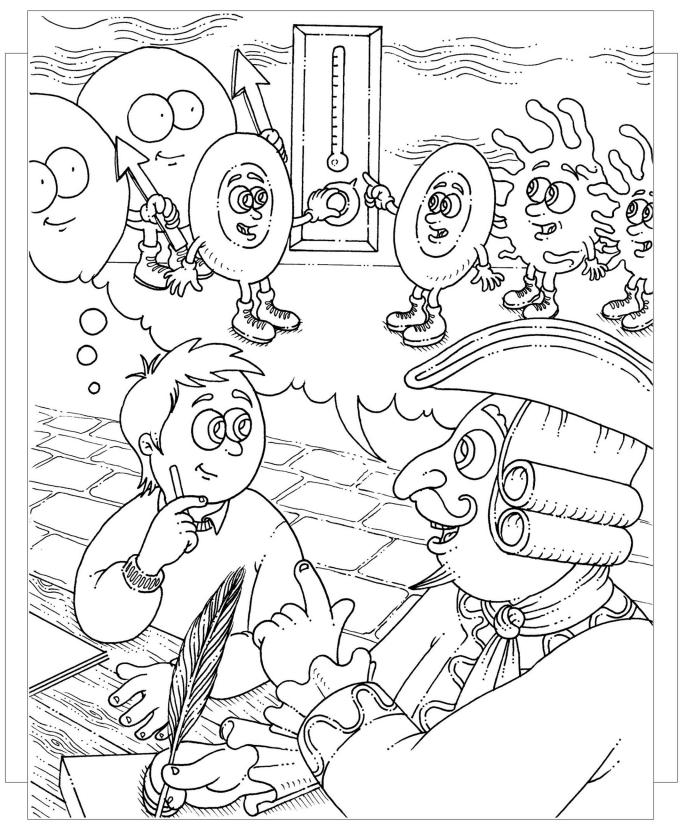






The boy crept back with caution The ghost, he thought, seemed kind And, so, he took his tablet and wrote The lessons from that ghostly mind.

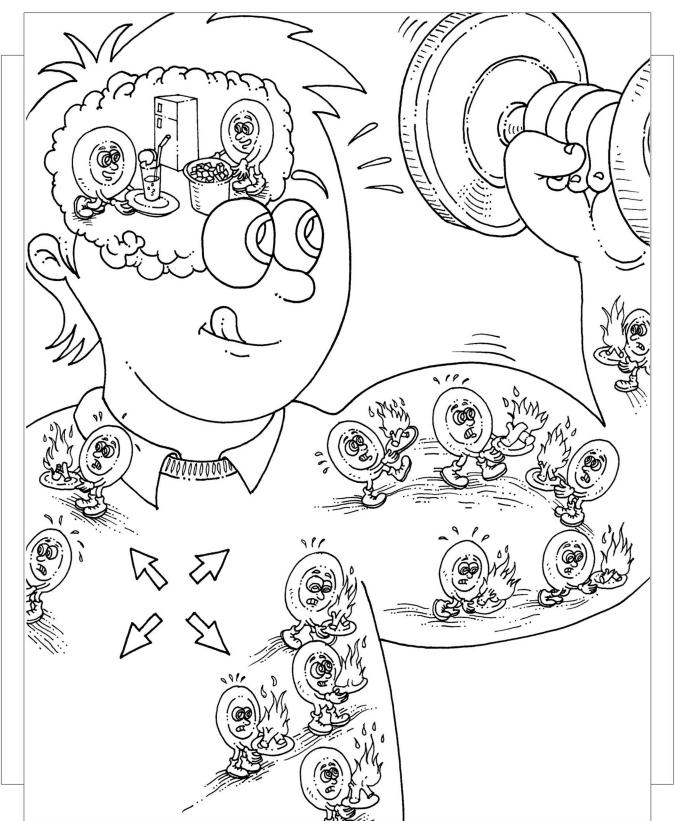






"Another thing that blood does"
The ghost began to teach
"Is to regulate your temperature
So that you don't overheat.

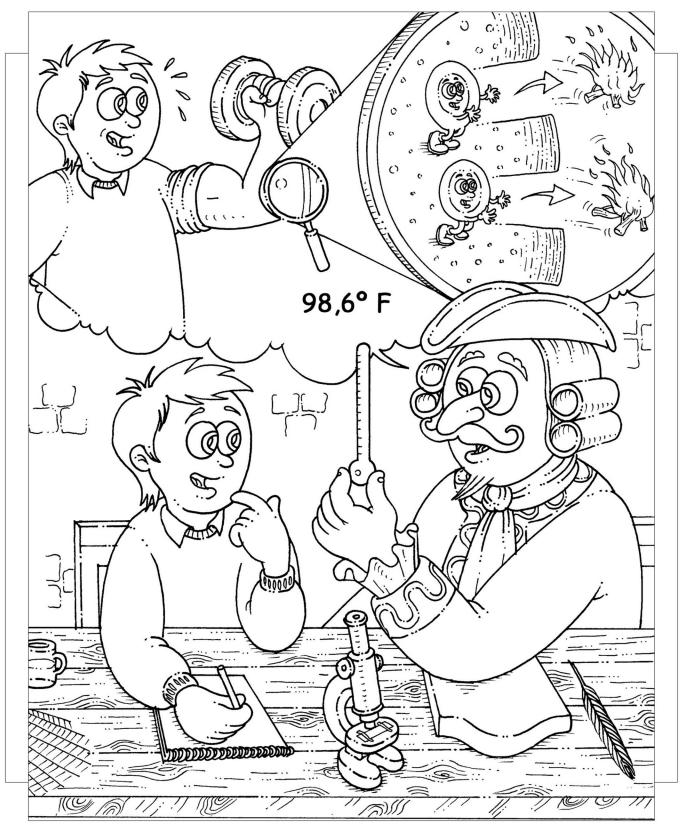






For, muscles, when you're working
Heat up so much with strain!
The blood will take
the heat to your skin
Blood also cools off your brain.

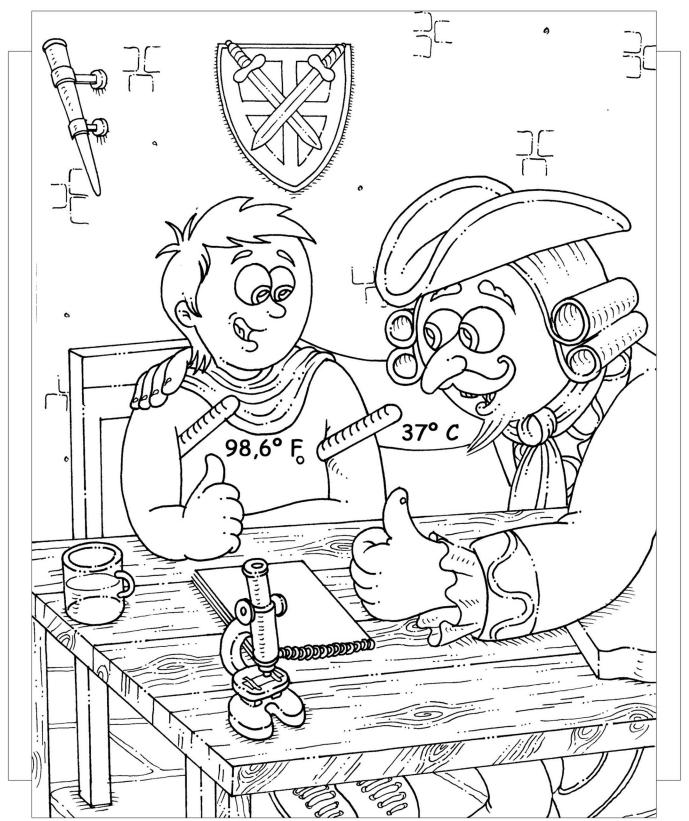






At your skin, the blood cools down
By conducting heat outside
This is how you maintain
your body's warmth
Ninety-eight point six Fahrenheit. (98.6°F)

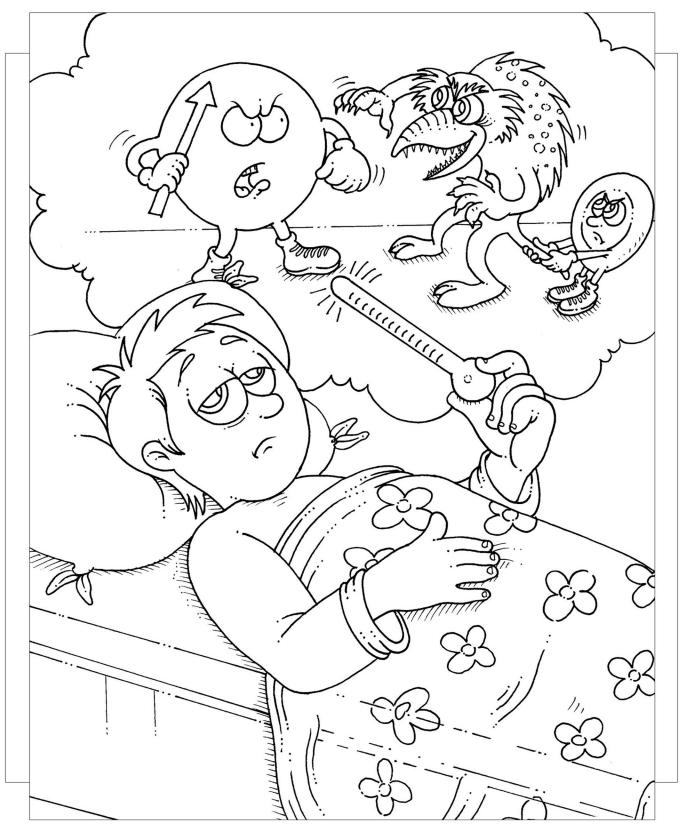






In Celsius, it's different
Thirty-seven, is the way, it's read
But, either way, it means you're warm
From your feet up to your head!

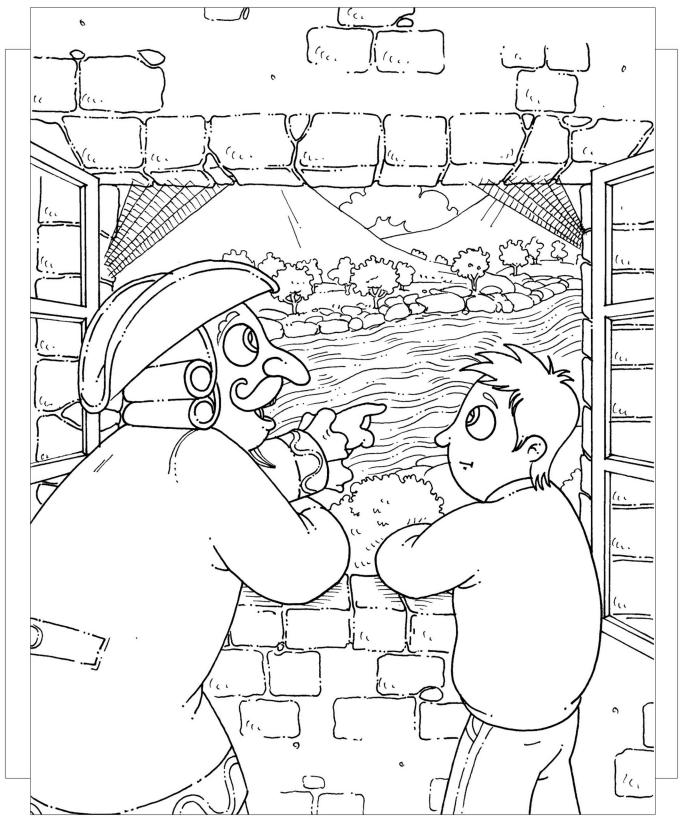






And if you get an infection
That your blood must fight and beat
Your temperature gets higher still
And a fever will, in you, peak!

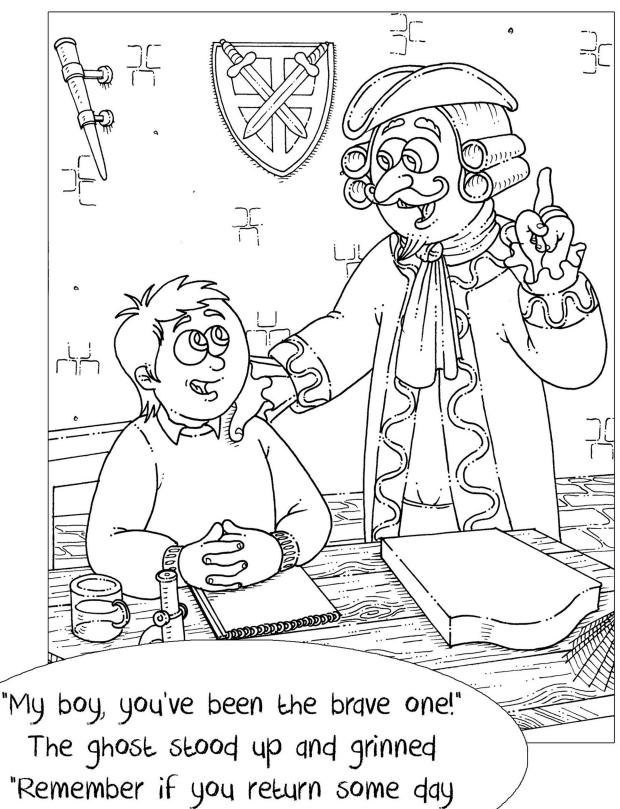






So, now, you know our river
Is the 'curse' that all folks fear
It's the reason the castle
and I are alone And no one ever comes near!"





No danger will you be in."

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The boy picked up his science journal

And then shook hands with the spook

He'd learned so much about blood

Its make-up and its route.

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These days, he visits often
A friend, the ghost is still
It's like having a classroom all
to himself
In the castle up on the hill.